



# Keto Truffle

***These truffles are an easy, fat-filled snack that are perfect for the keto diet or for anyone looking to add healthy fats into their diet.***

## **Ingredients:**

2/3 cup NOW® organic virgin coconut oil (solid)  
3/4 cup raw almond butter no sugar added  
1/2 cup of NOW® Rawsome Whole Food Concentrate  
6 tbsp NOW® MCT Oil  
6-8 drops of NOW BetterStevia® French Vanilla or flavour of your choice  
1/4 teaspoon Celtic Sea Salt® Fine Ground  
Pinch of Celtic Sea Salt® Flower of the Ocean or optional Inari® unsweetened coconut

## **Instructions:**

*Regular Muffin Tins* - Line 6 regular size muffin tins with liners and set aside

*Mini Muffin Tins* – Line 24 mini muffin tins with liners and set aside

In a large, microwave-safe bowl, combine the coconut oil and raw almond butter. Place in the microwave and heat on high for 30 seconds. Remove, stir and place back in the microwave and repeat until completely melted.

Add the NOW® Rawsome, NOW® MCT oil, French Vanilla BetterStevia® and sea salt and whisk until combined. Evenly distribute into the prepared muffin tins. Sprinkle with Flower of the Ocean sea salt and/or unsweetened coconut. Place in the freezer for at least 1 hour to firm up. Store in the freezer for up to 3 months.

